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# AHNA Puppy Preschool Recommended Reading List



## Recommended Reading for Puppy Families:

**Before You Get Your Puppy/After You Get Your Puppy** by Dr. Ian Dunbar  
(Available for free as e-book from [www.dogstardaily.com](http://www.dogstardaily.com))

**Way To Go! How to Houstrain a Dog of Any Age** by Karen London & Patricia McConnell

**How To Behave So Your Dog Behaves** by Dr. Sophia Yin

**Perfect Puppy in 7 Days** by Dr. Sophia Yin

**Family Friendly Dog Training – A Six Week Program for You and Your Dog**  
by Patricia McConnell and Aimee Moore

**The Ultimate Puppy Tool Kit** by Premier Pet Products

### Resources on the web:

[www.dogstardaily.com](http://www.dogstardaily.com)

[www.drSophiaYin.com](http://www.drSophiaYin.com)

[www.watchandtrain.com](http://www.watchandtrain.com)

[www.sfspca.org/](http://www.sfspca.org/) (go to "Resources" then "Library")

[www.petbehavioraid.org/resources/downloadablehandouts.html](http://www.petbehavioraid.org/resources/downloadablehandouts.html)

## Recommended Reading about Canine Body Language:

**On Talking Terms with Dogs: Calming Signals** by Turid Rugaas

**Canine Body Language: A Photographic Guide Interpreting The Native Language Of The Domestic Dog**  
by Brenda Aloff

**DVD: The Language Of Dogs – Understanding Canine Body Language And Other Communication Signals**  
by Sarah Kalnajs

**Off-Leash Dog Play – A Complete Guide To Safety & Fun** by Robin Bennett and Susan Briggs

We highly recommend being very selective when choosing material and trainers. Be sure to choose certified trainers (with CPDT credentials) who use positive reinforcement methods of socialization and training. We caution against using trainers known for Cesar Milan techniques of dominance. To read more on why dominance theory should be avoided, visit Dr Sophia Yin at the below site. <http://drsophiayin.com/philosophy/dominance/?/dominance.php>